

Thanks for downloading this free habit tracker. If you're looking to improve your life, this 365-day calendar might be just the boost to help you achieve a goal. Color each day's calendar space once you've completed the habit you're working to add to your life.

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Page 15 – Year-at-a-glance habit tracker for leap years

Page 16 – February monthly habit tracker for leap years

Examples of habits aided by tracking:

- Drink at least 90 oz. of water.
- Read a book for at least 15 minutes.
- Walk at least 5,000 steps.
- Do a small random act of kindness for a stranger or co-worker.

If you have questions about any of the materials in my collection, please don't hesitate to reach out via email at laurarandazzo@yahoo.com. I hope these trackers help you – and maybe your students, too.

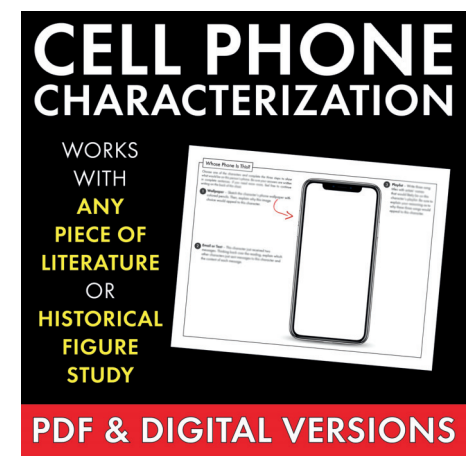
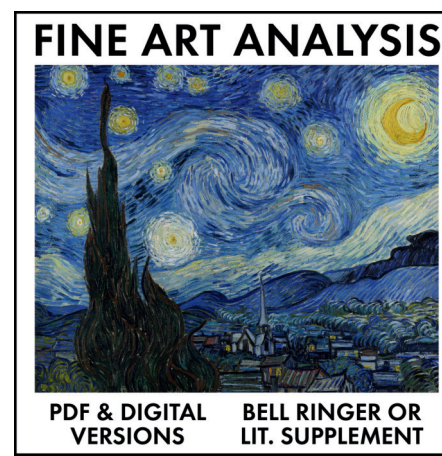
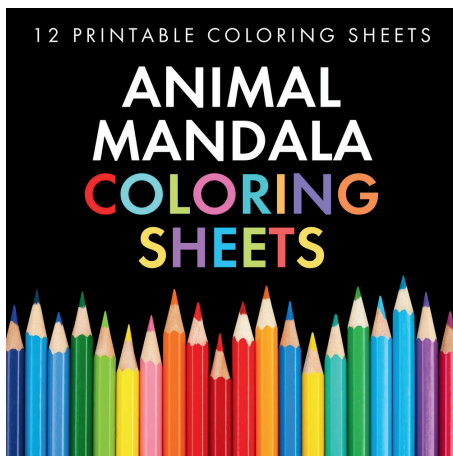
Please note that all of my materials are copyright-protected. Posting any part of this download in any form on open-access websites or uploading to shared drives or social media groups is a violation of the Digital Millennium Copyright Act (DMCA). I appreciate your understanding and respect of copyright law. This tracker inspired by Karalenn Hippen, whose work is posted here: <http://nerd-bucket.blogspot.com/2014/01/another-chart.html>

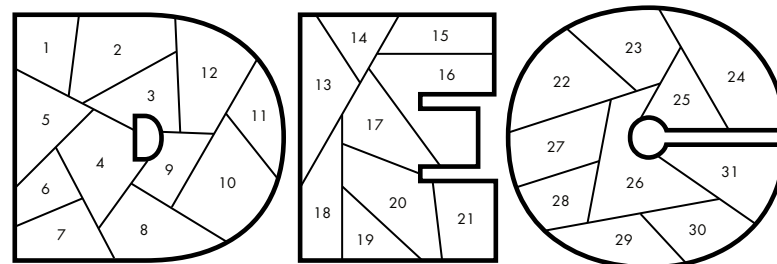
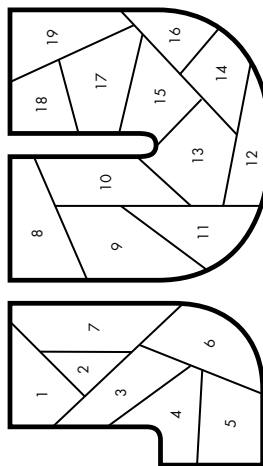
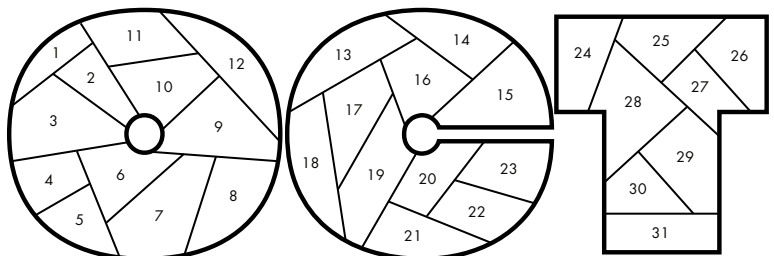
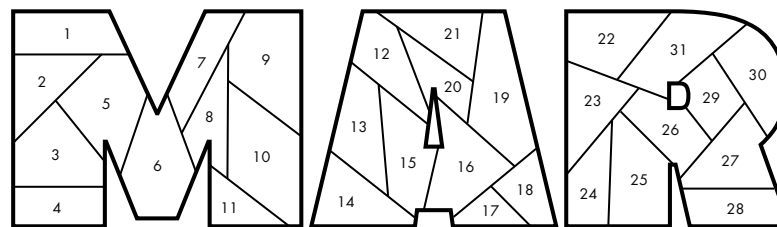
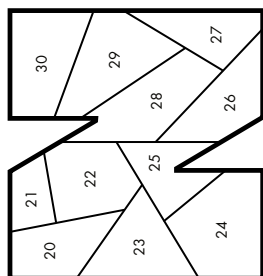
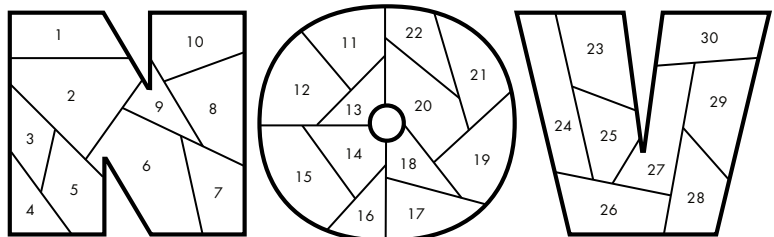
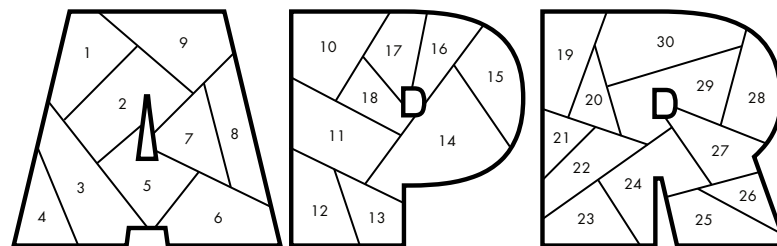
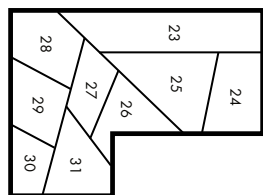
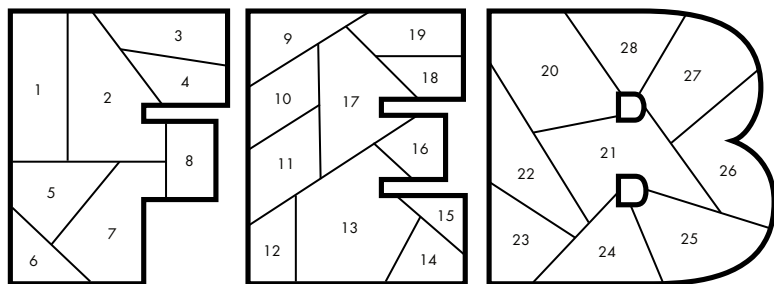
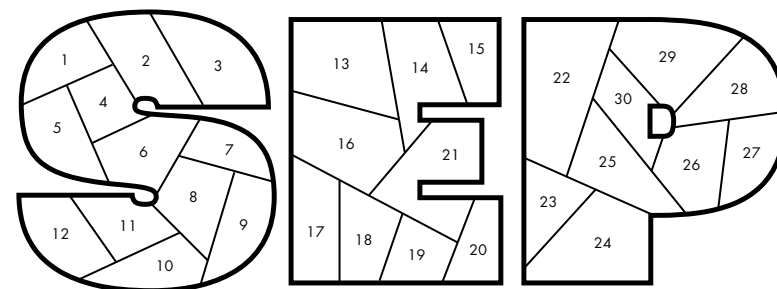
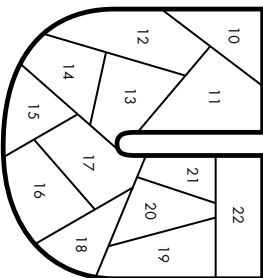
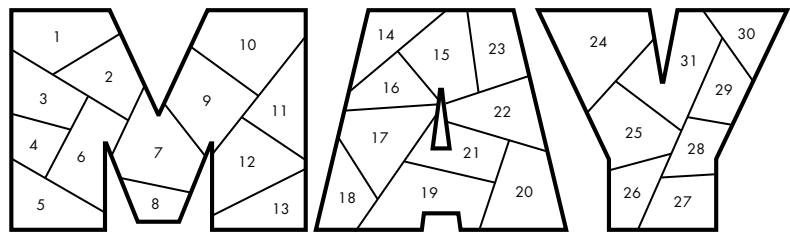
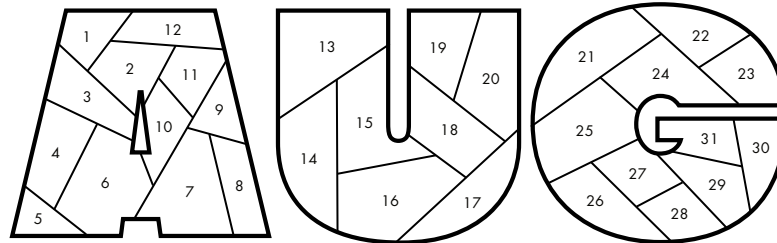
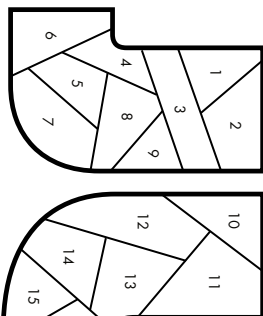
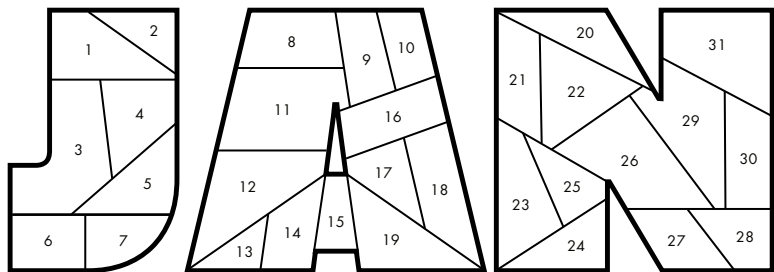
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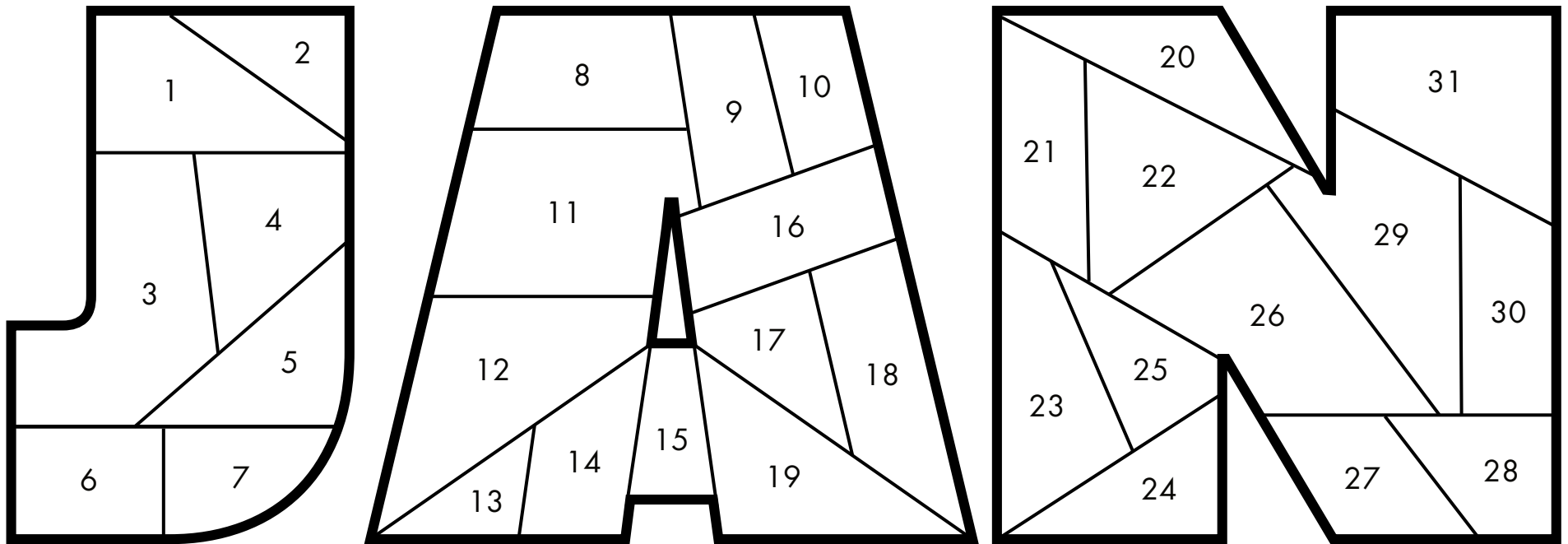
Laura Randazzo

Blog: <https://laurarandazzo.com>

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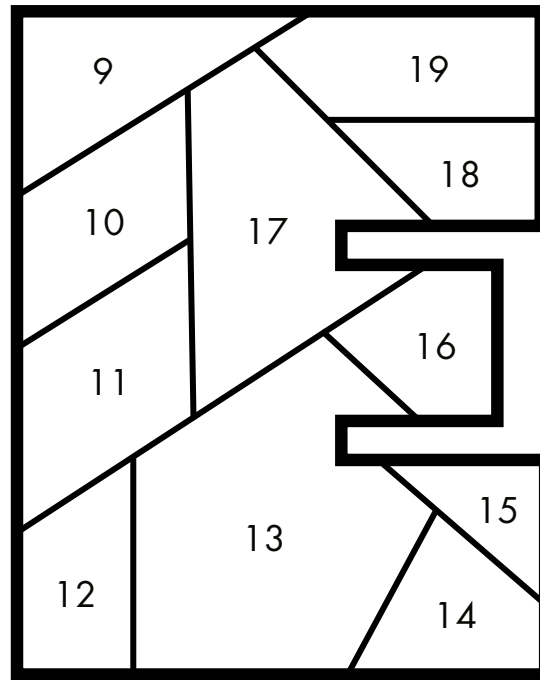


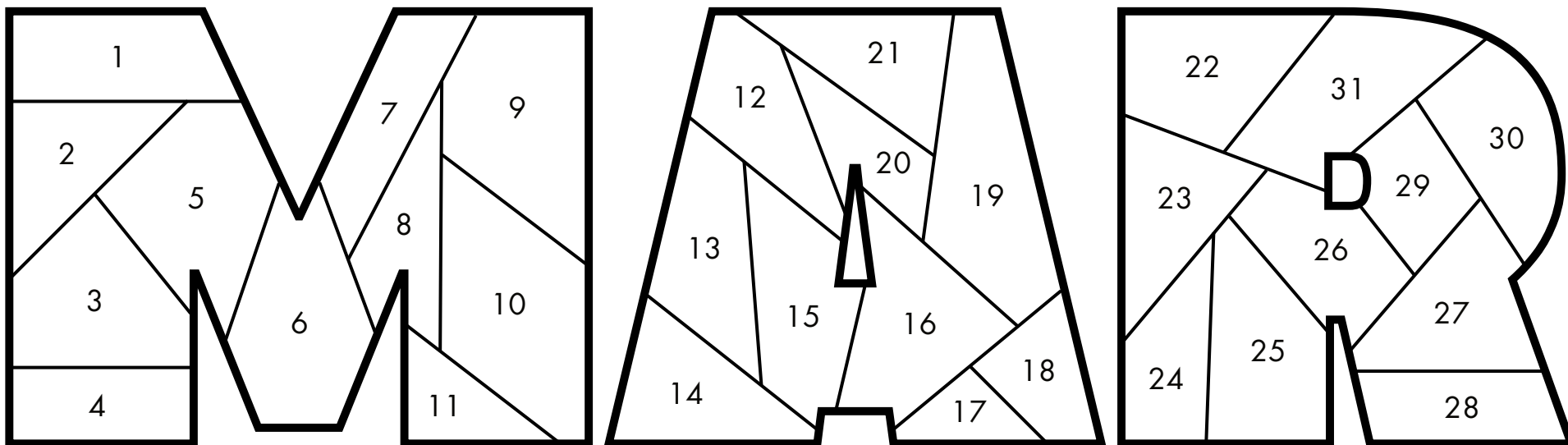




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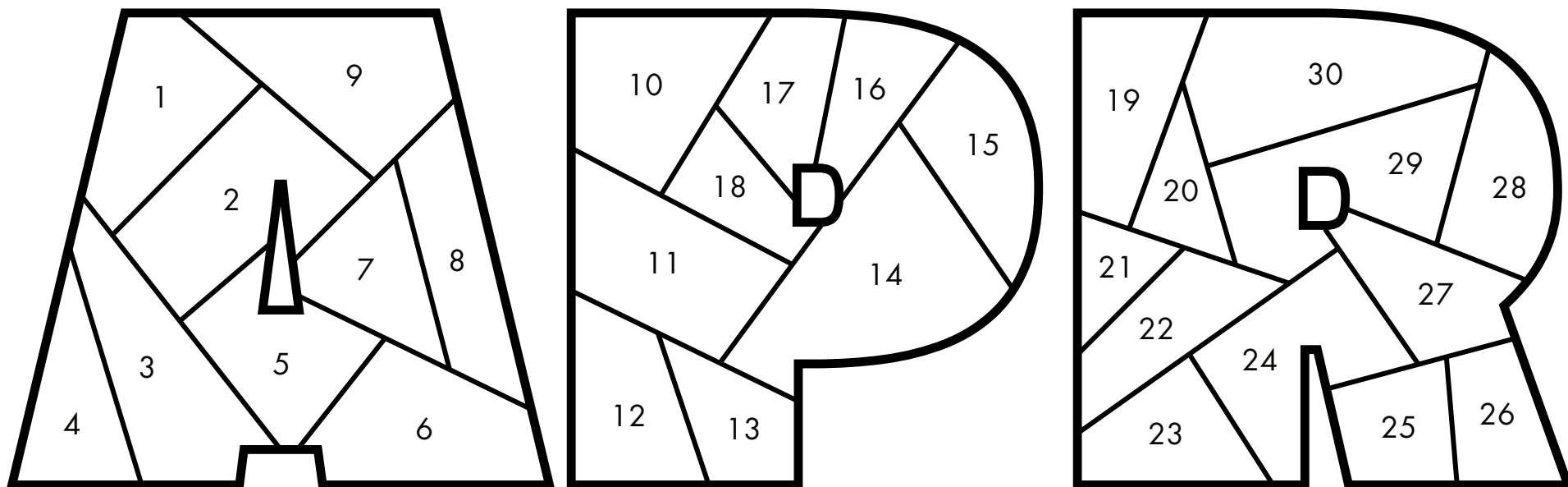
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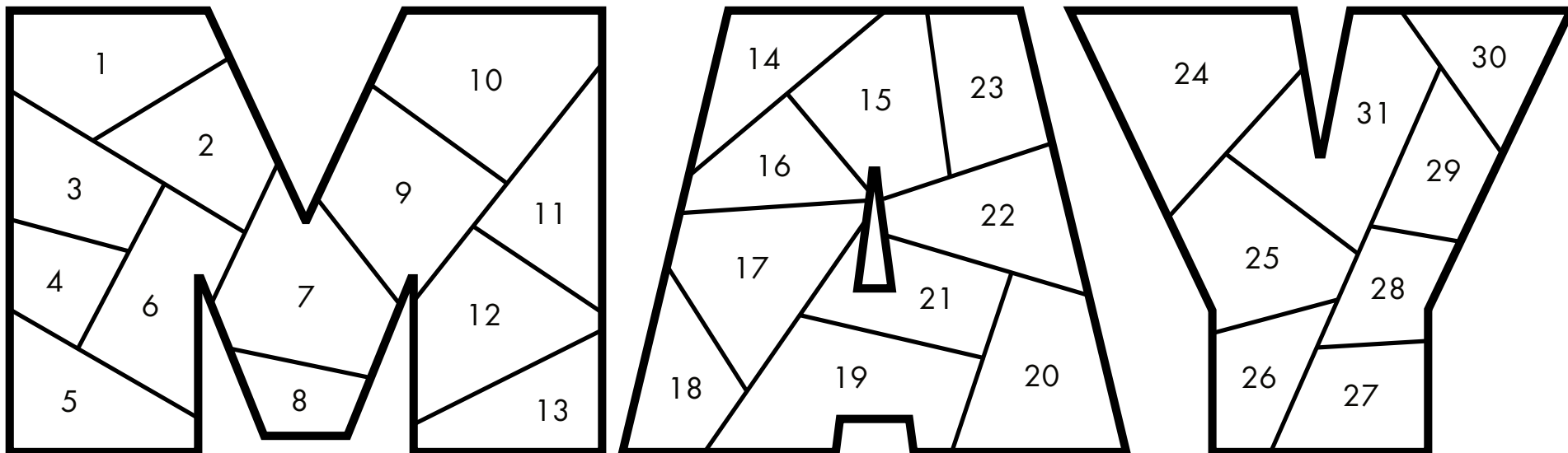
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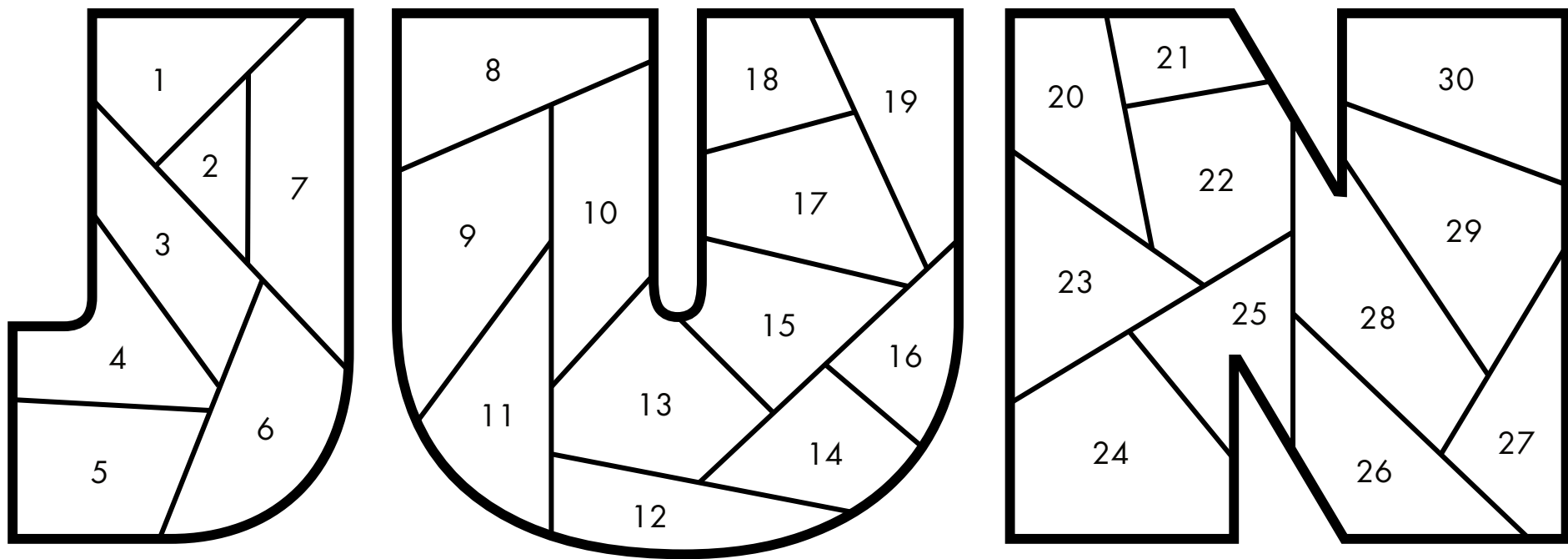
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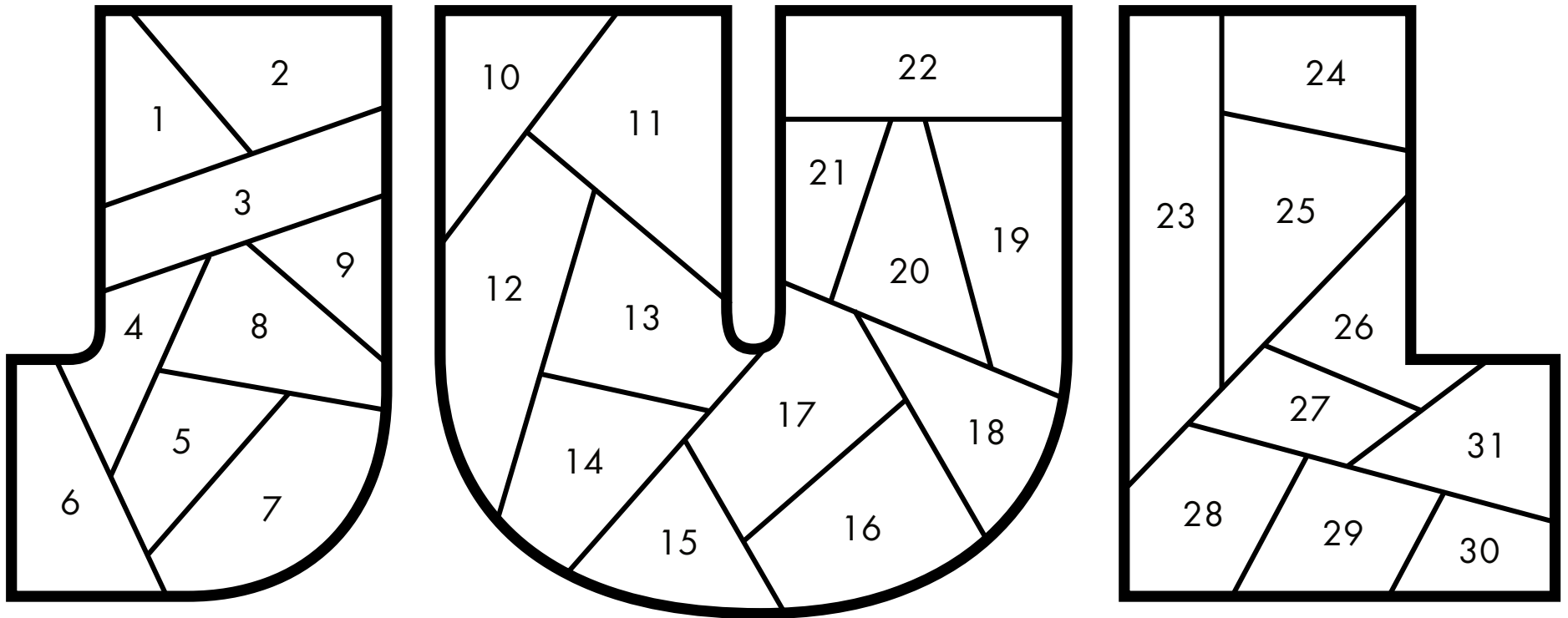
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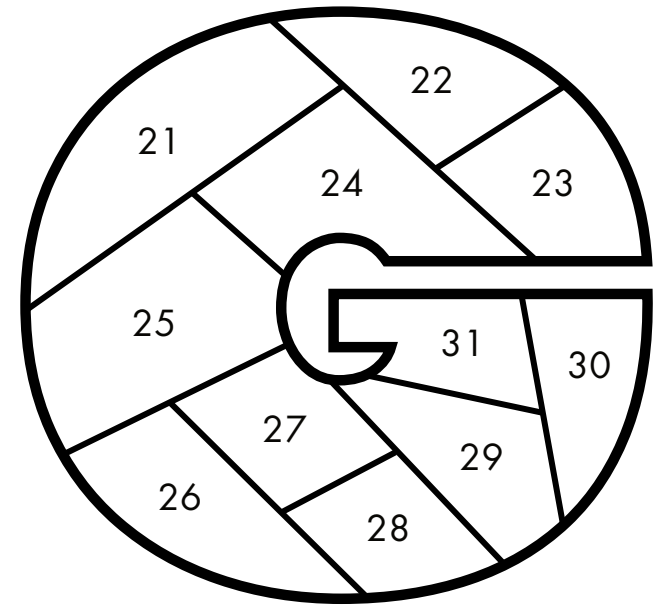
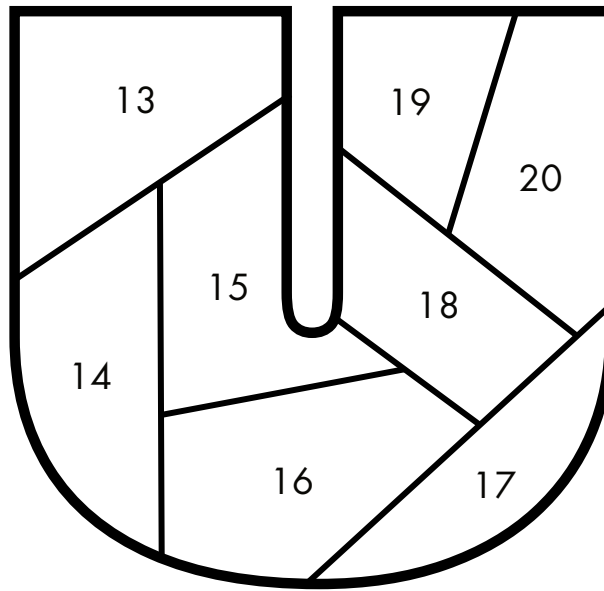
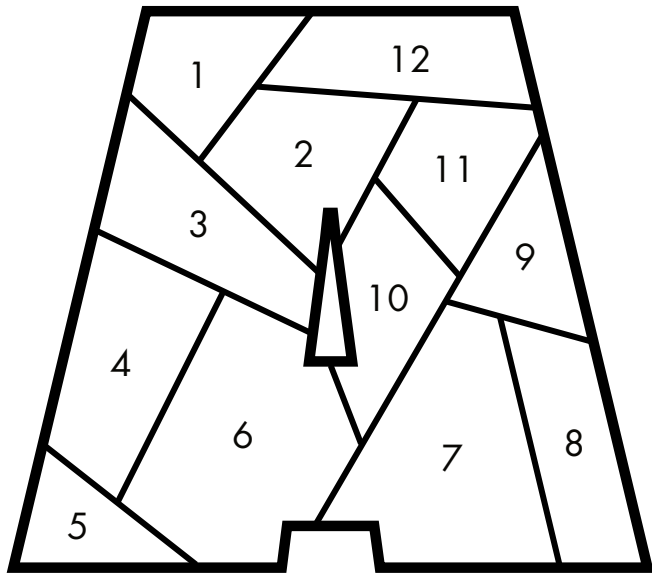
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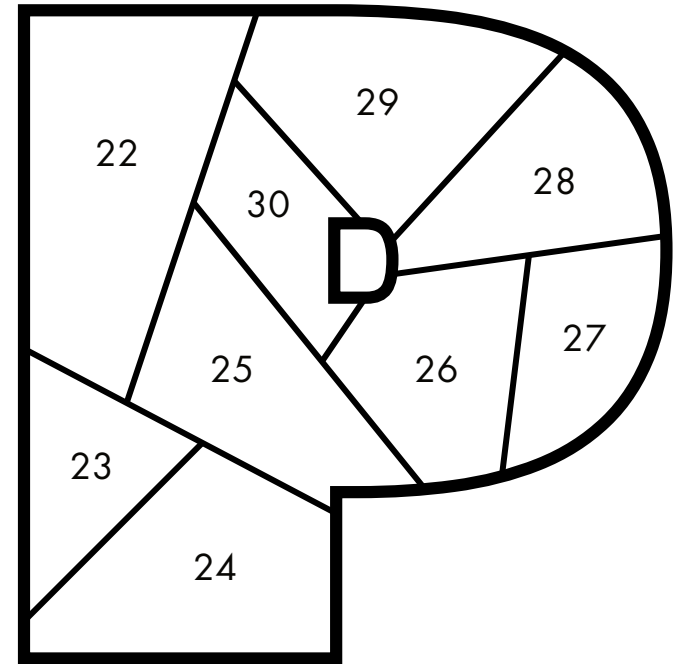
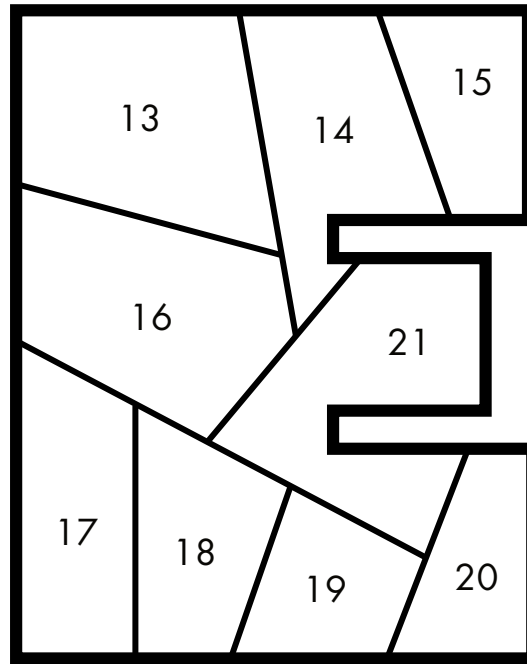
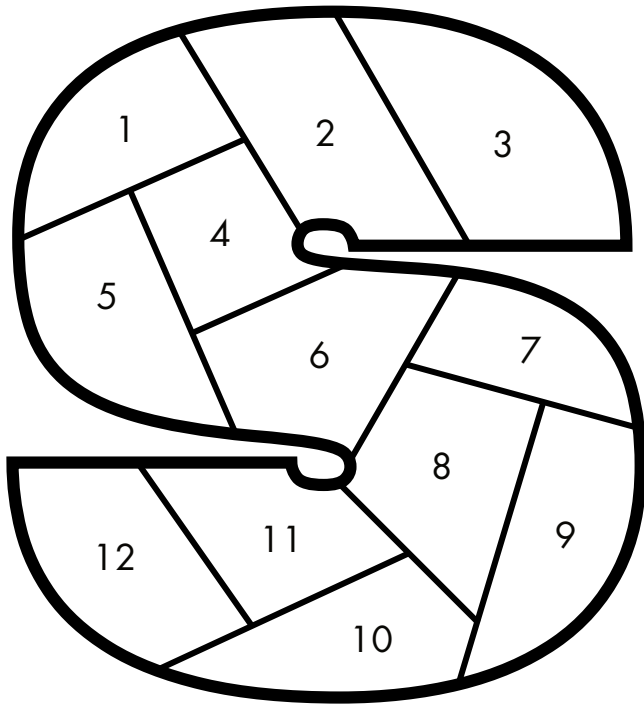
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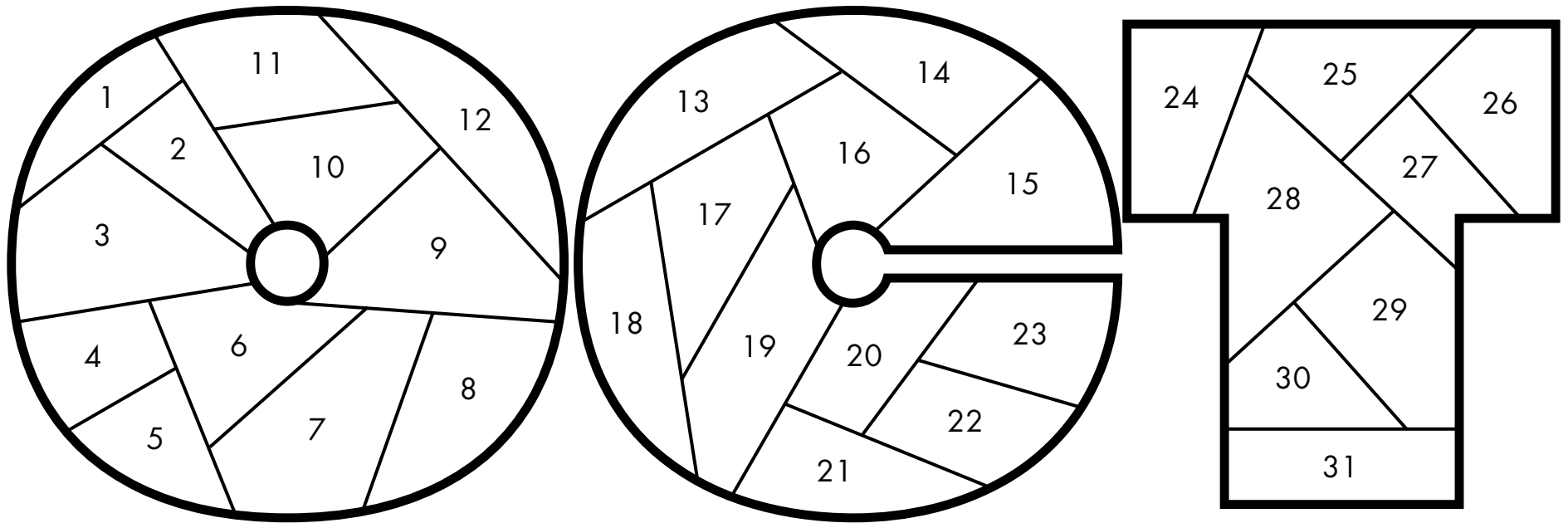
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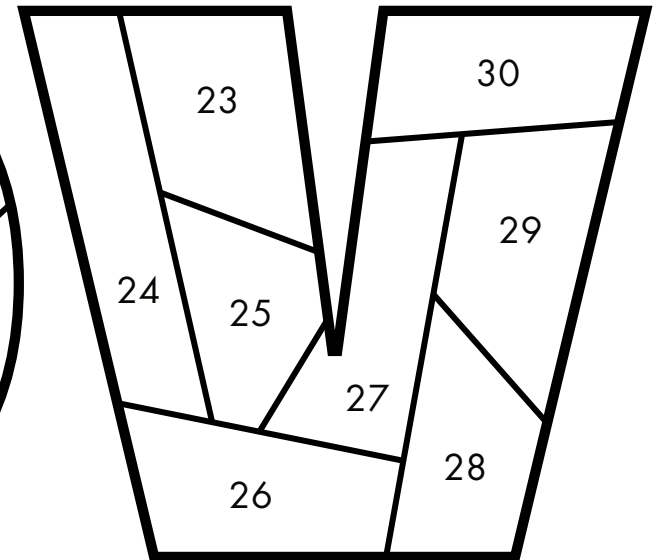
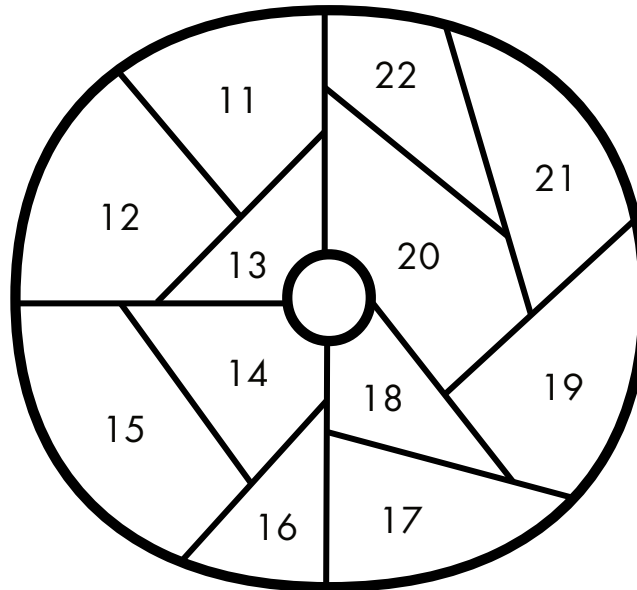
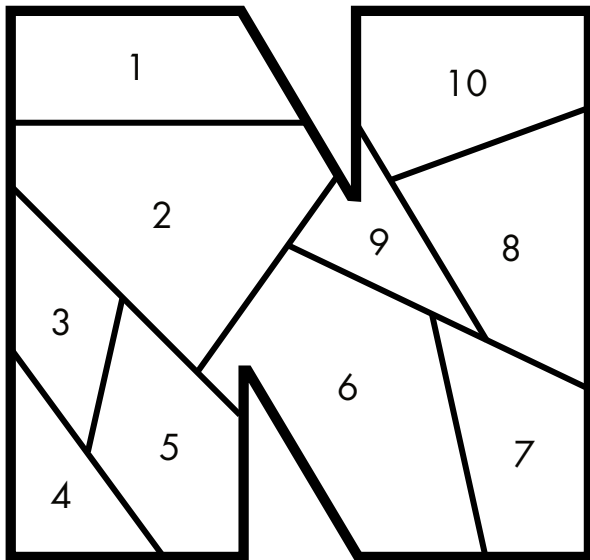
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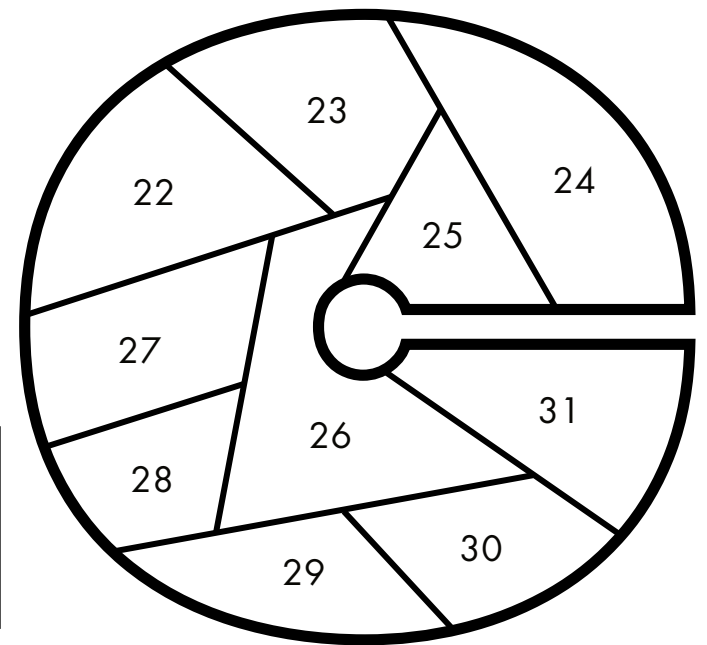
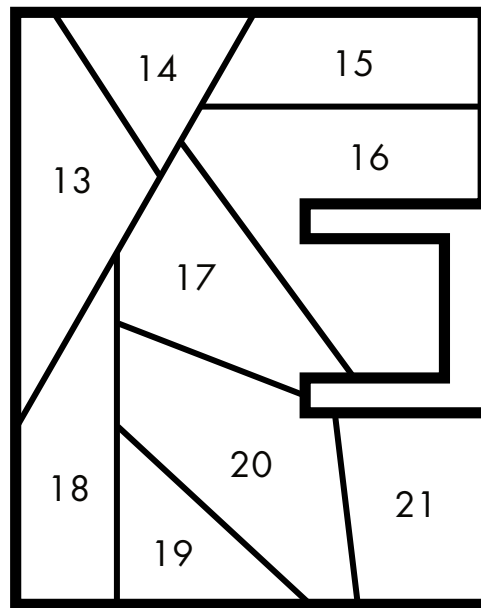
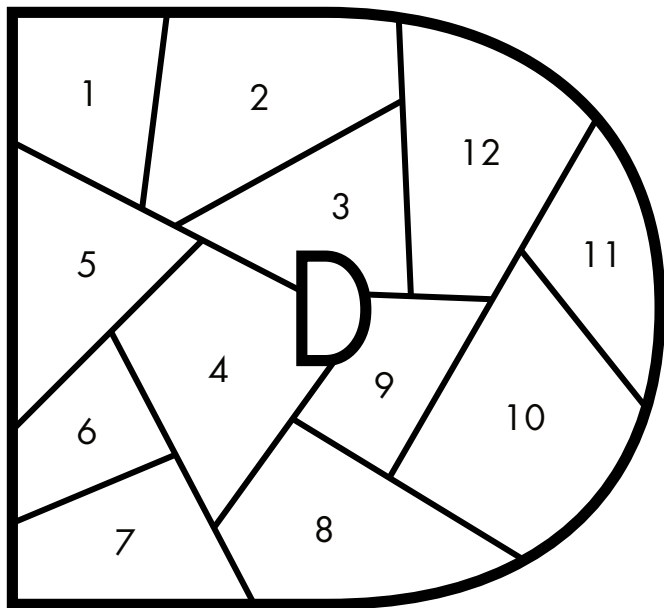
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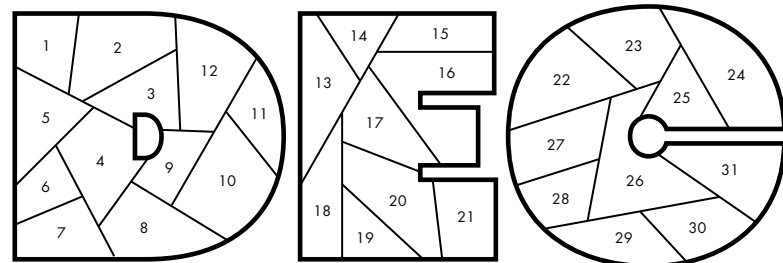
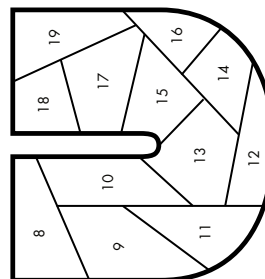
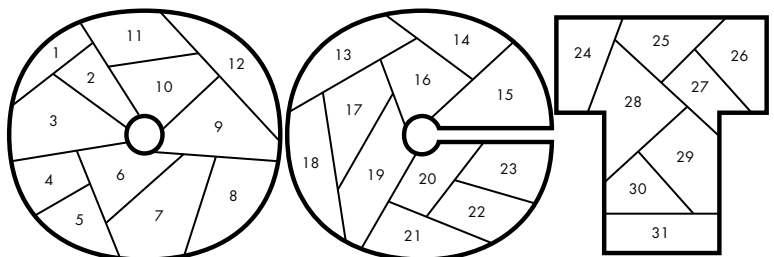
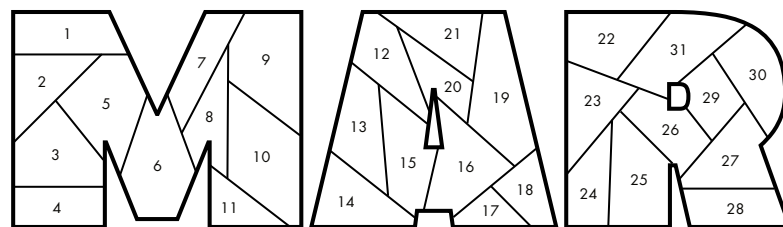
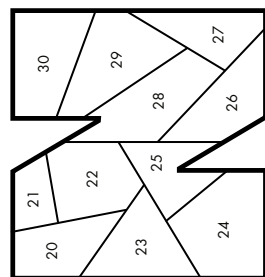
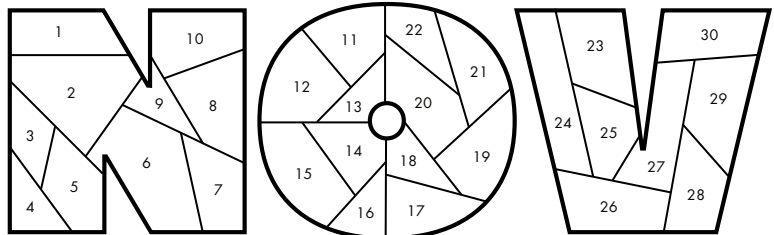
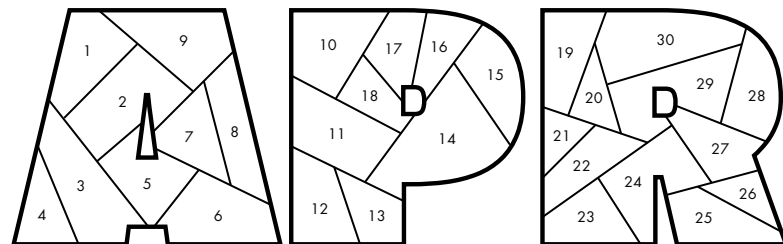
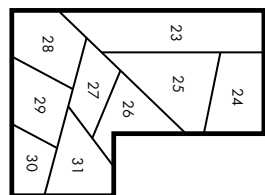
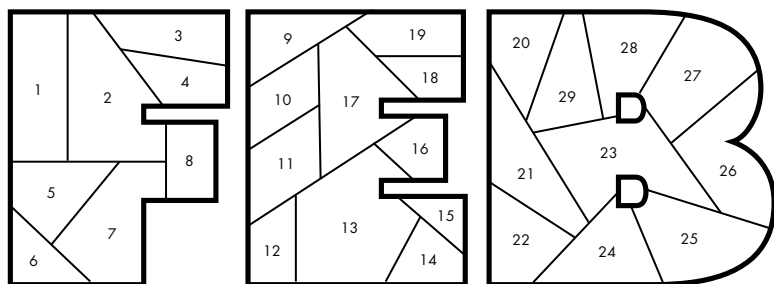
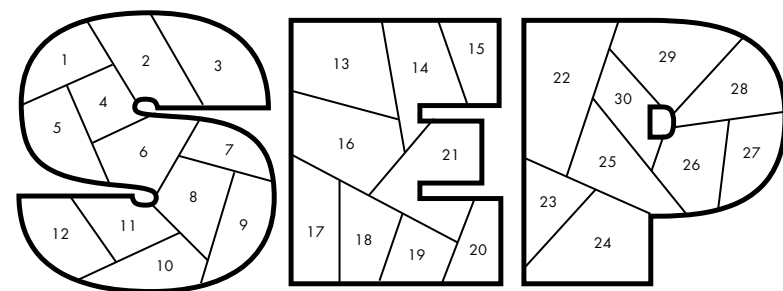
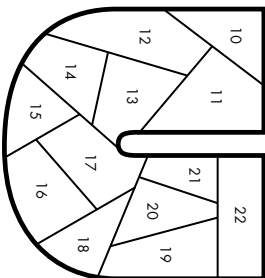
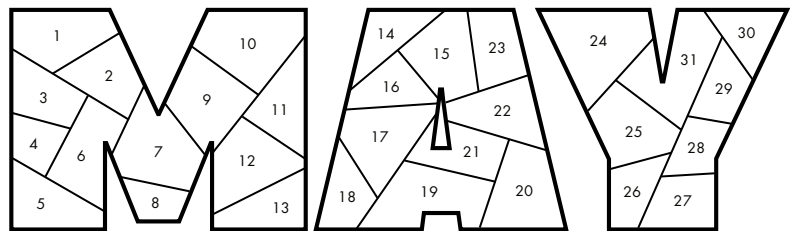
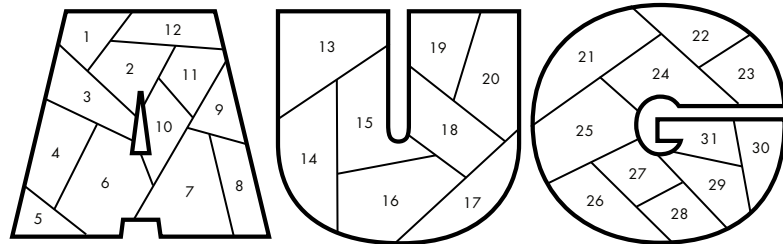
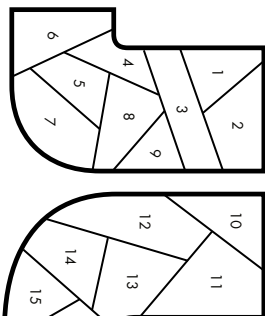
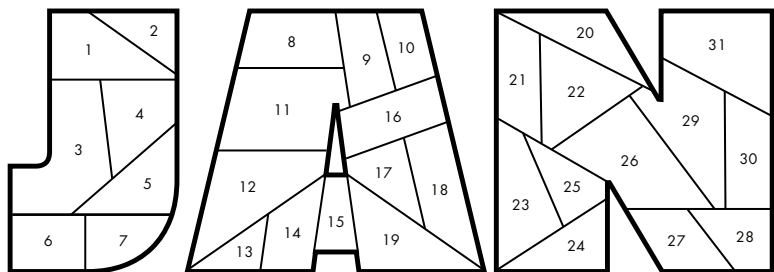
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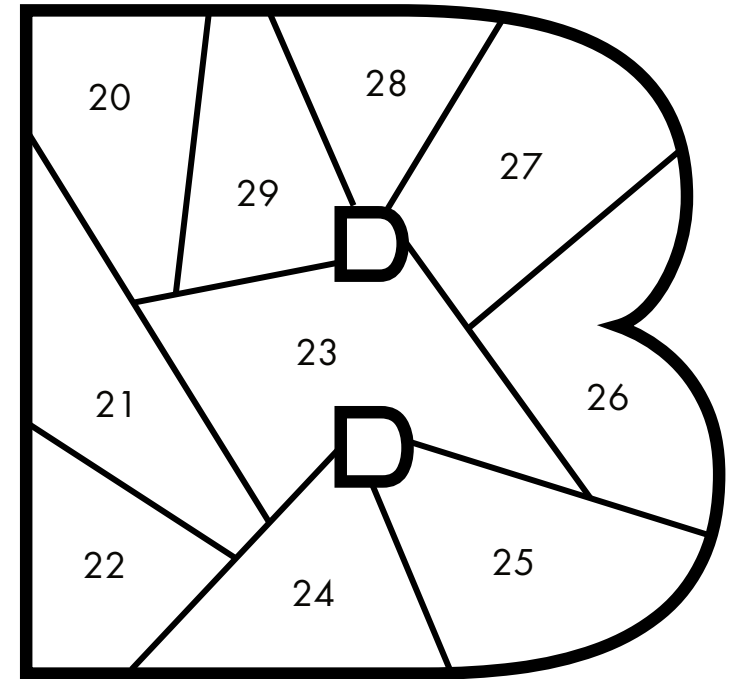
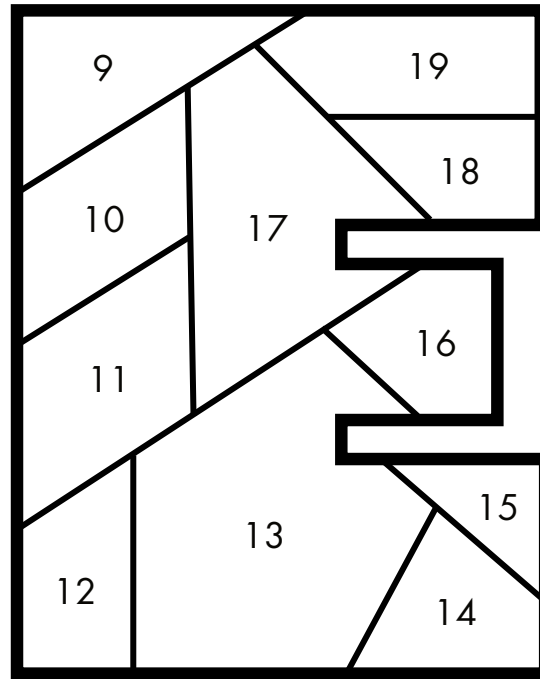
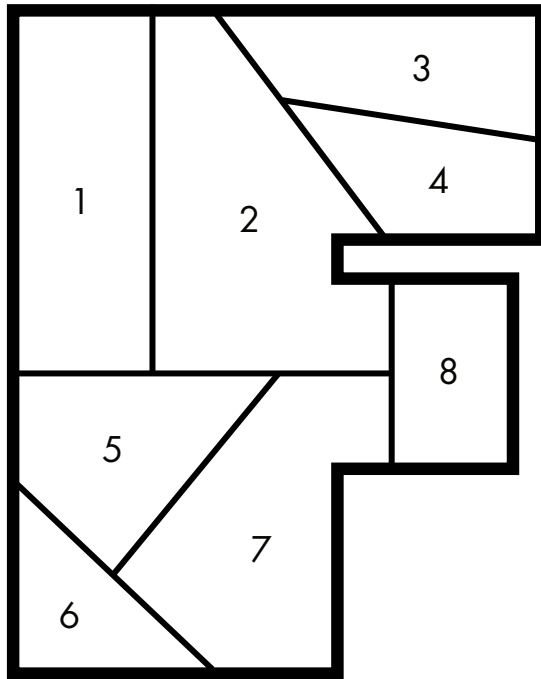
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